



THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Preconference Events Open to the public 10:30–4:30 (1 hr lunch)</p> <p>A. How to Have the Time (& Space) of Your Life: A Spiritual Journey in a Material World Thea ELIJAH, Stephen COWAN</p> <p>B. Five-Element Consciousness: Crouching Tiger, Hidden Dragon: Lung and Liver Partnership Nan LU</p> <p>12:30–1:30 <i>Lunch on your own</i></p> <p>12:30–2:00 Dragon's Way® Instructor Certification Training PV * Elaine KATEN, Irma JENNE</p> <p>4:30–7:00 <i>Registration</i></p> <p>Throughout Conference Exhibits</p> <p>5:30–6:30 Review of Breast Health Movements for Previous Participants PV *</p> <p>5:30–7:30 ABCs of TCM Tracey BURDE</p> <p>8:00–9:00 Meditation: Beyond the Time-Space Continuum Nan LU</p>	<p>7:00–8:00 Taoist Stretching Josie ZHUO</p> <p>LifeForce: Tao of Medical Qigong PV * 1-2-3 Dragon's Way® Certification Practice PV *</p> <p>7:45–8:30 Continental Breakfast</p> <p>8:45–9:00 Welcome Ellen SCHAPLOWSKY</p> <p>9:00–11:00 Keynote – True Complementary Medicine: Healing Beyond Time or Space Nan LU</p> <p><i>11:00–11:30 Coffee/Tea–Exhibits</i></p> <p>11:30–12:30 Taste of TCM A Qigong Meridian Therapy B Four Energy Gates C Stomach Energy Movements D TCM Self-Defense E Everyday Anxiety Therapy</p> <p>12:30–2:00 Networking Luncheon Half-price tickets at Registration</p> <p>Schedule QMT / LFMQ sessions at 12:45–2:30, 5:30–7:00, 9–10 **</p> <p>2:00–3:00 TCM Research Panel Kevin CHEN, moderator: Xiu-Min LI, Ruan Jin ZHAO</p> <p>3:00–5:30 Workshops A Medical Qigong: Ancient Modality, Modern Application Kevin CHEN, Larry STOLER B Words as Medicine Diane CONNELLY C Crossing the Bridge to the Integral Medicine of the Future Anna KELLY, Melissa THIEL D Recalcitrant Eczema and Food Allergy: New Ideas from Traditional Chinese Medicine Xiu-Min LI E Stomach/Spleen Qi & the Fulfillment of Destiny Josie ZHUO</p> <p>5:30–7:45 Dinner on your own</p> <p>8:00–9:30 Bagua Meditation Nan LU</p>	<p>7:00–8:00 Taoist Stretching Josie ZHUO</p> <p>LifeForce: Tao of Medical Qigong PV * 1-2-3 Dragon's Way® Certification Practice PV *</p> <p>7:45–8:30 Continental Breakfast</p> <p>9:00–11:00 Keynote – Morphic Resonance and the Fields of Body and Mind Rupert SHELDRAKE</p> <p><i>11:00–11:30 Coffee/Tea–Exhibits</i></p> <p>11:30–12:30 Taste of TCM A Qigong Meridian Therapy B Four Energy Gates C Stomach Energy Movements D TCM Self-Defense E Everyday Anxiety Therapy</p> <p>12:30–2:00 Networking Luncheon Half-price tickets at Registration</p> <p>Schedule QMT / LFMQ sessions at 12:45–2:30, 5:30–7:00, 9–10 **</p> <p>2:30–5:30 Workshops A The Fire Element: Transformation from Anxiety to Connection Thea ELIJAH B Medicine and Mysticism: Science and Clinical Applications Br/Dr Bernard SEIF C Infertility: The TCM Perspective Eileen ZHUO D QMT Hand Techniques TCM World Fdn INSTRUCTORS 5:30–6:00 Breast Health Practice for Previous Participants PV * Nan LU 5:45–6:30 Networking Event with TAI Sophia Alumni</p> <p>5:30–7:30 Dinner on your own</p> <p>7:30–9:00 Understanding Energy and Healing: Modern Science and Ancient Wisdom Rupert SHELDRAKE, Nan LU 9:00–10:00 Qidancing!</p>	<p>7:00–8:00 Special Taoist Sunrise Energy Practice Nan LU</p> <p>LifeForce: Tao of Medical Qigong PV 1-2-3 Dragon's Way® Certification Practice PV *</p> <p>8:30–10:30 Celebration Breakfast and Bridges of Integration Awards Plus: Q & A with Rupert SHELDRAKE 10th Anniversary Perspective with Nan LU</p> <p>11:00–1:00 Intensives A Dimensions of Attention: Being Time, Taking Place Stephen COWAN B Tao of Marketing Ellen SCHAPLOWSKY C Acupuncture for Breast Cancer Patients: Beyond Point Selection Ruan Jin ZHAO D Oh, My Aching Back! Josie ZHUO</p> <p>Postconference Event Open to the public 1:00–4:00 <i>Special 10th Anniversary Event</i> TCM Approach to Healing Menopause Symptoms: Acupressure, Acupuncture, Herbs, and Lifestyle Changes – Special Training Session Nan LU</p>



* PV = Private Session, pre-enrollment ** QMT = Qigong Meridian Therapy LFMQ = LifeForce Medical Qigong